



January 2021

NBCA members are expected to follow public health directives. Additional measures were developed and recommended upon return to practice in May. As the state of evidence changes, updated or new measures have been proposed by the Board of Directors for red zone and lockdown.

Essential Care Definition

Any chiropractor conducting essential services must comply with public health directives. Accordingly, the definitions below should help you to determine whether care is essential:

1. The patient needs care due to physical limitation or pain that interferes in ability to complete basic daily activities. Limitations or pain could require patients to seek further medical services if left untreated.
2. The patient needs care if left untreated would be vulnerable to an acute flare-up or recurrence that could leave them with limitations that could interfere with basic daily activities.

Additional Measures

Lockdown:

- Active screening must be done prior to the visit and upon arrival by the chiropractor. Any patient presenting with at least one symptom should be re-scheduled.
- Travel in and out of zone of lockdown should be avoided, unless necessary.
- Intra-oral work should be avoided.
- Goggles or face shields are recommended.
- Masks are mandatory for providers and patients. Patients can be denied access if they refuse to wear a mask.
- Waiting room to be closed.

Red alert:

- Active screening must be done prior to the visit and upon arrival by the chiropractor. Any patient presenting with at least one symptom should be re-scheduled.
- Intra-oral work should be avoided.
- Goggles or face shields are recommended in high-risk situations, especially if spending more than 15 minutes in the same room with one patient.
- Masks are mandatory for providers and patients. Patients can be denied access if they refuse to wear a mask.
- Waiting room to be closed unless physical distancing can be maintained at all times.